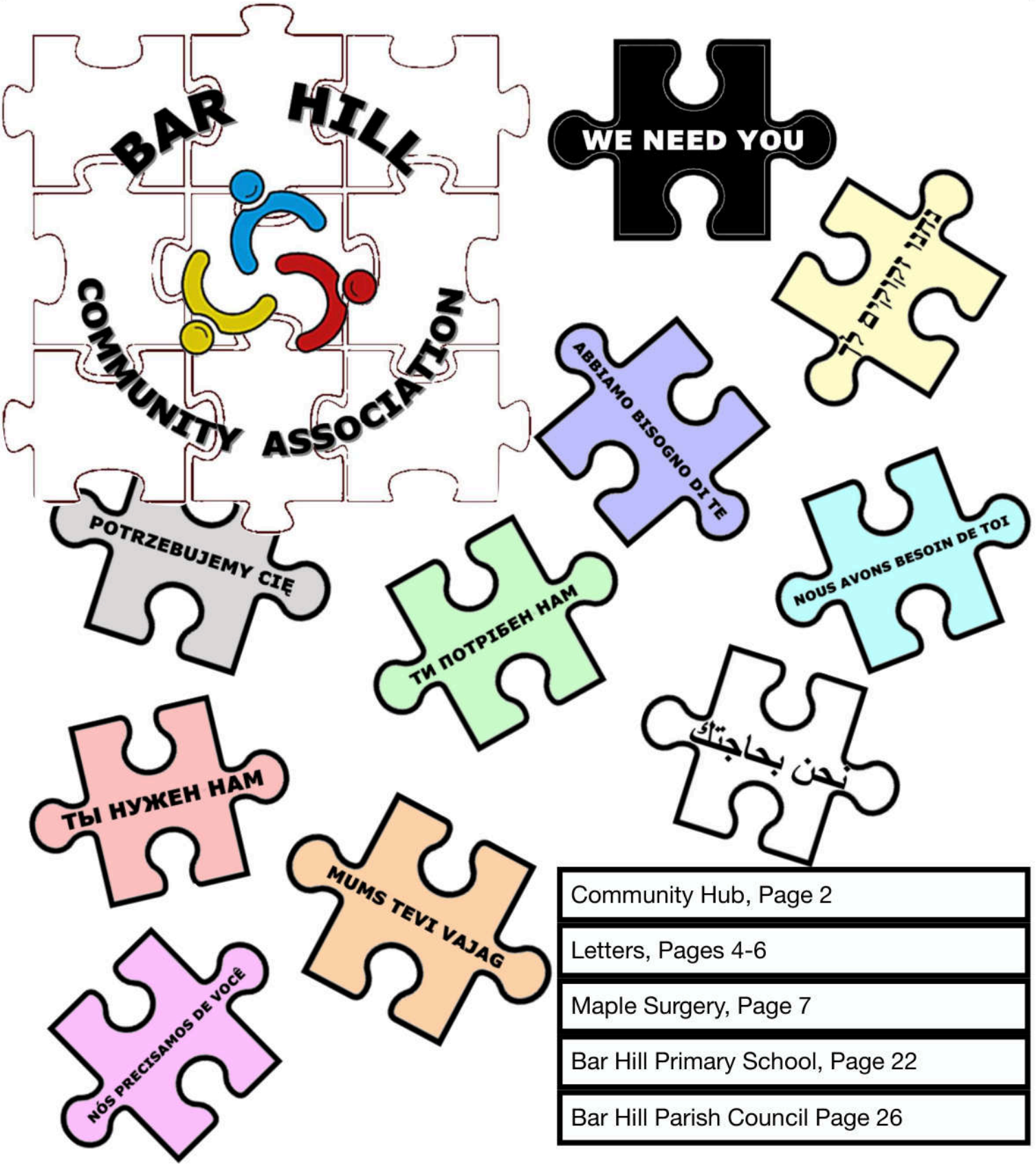
BAR HILL NEWS

Brought to you by the Bar Hill Community Association
March 2023 Issue 643



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For more information on how you can help, Please see the back Cover

April 2023 Service Timetable

Every Monday, 10- 12 (unless otherwise listed) in the Octagon (opposite Maple Surgery)
The Hub is for villagers of all ages as a place to gather & enjoy community!

03-APR	Coffee Stop, Foodbank, Citizen's Advice & Meet a Parish Councillor	Health & Wellbeing 10:15 -10:45
17-APR		Health & Wellbeing 10:15 -10:45
24-APR		
NOTE: 10th April is a bank holiday and there will be no Community Hub		

We are also now a Warm Hub, partnering with Bar Hill Community Association.

WHEN: Monday 10am – 12pm (except 10th)

WHERE: The Octagon (opposite Maple Surgery)

WHAT: Are you worried about energy costs, keeping warm, comfortably working from home? The Hub is extending its services to provide a comfortable, warm space to all those who need it. Come along and join us; we look forward to seeing you.

Coffee Stop: Pop in for a coffee, a piece of cake and a chat with friends, old and new!

Foodbank: If you are struggling financially, drop by and let us help you

Citizens Advice: we have 9am and 10am appointments, please either email: **barhilladvice@gmail.com** or, send a PM: Kevin Potts using Facebook Messenger or, phone: and leave your details **0800 088 6522**

Health & Wellbeing: On the 1st and 3rd Monday of the month, take advantage of some exercise guidance from our experienced coach and visiting speakers

Carers Café: On the **2nd Monday** of the month, by Maple Surgery, who will be providing support for any carers in the village, even if you are not a patient of Maple Surgery.

Meet a Parish Councillor: you can meet one of our Parish Councillors to discuss any issues within our village, between 10am and 12pm within the Coffee Stop.

Our Community Hub…in the community, by the community, for the community!

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BAR HILL COMMUNITY ASSOCIATION

EDITORIAL

April 2023

Welcome to the April edition of the Bar Hill News!

As you are probably aware the Home Office have started using Bar Hill Hotel to house Asylum Seekers and refugees. Representatives from local councils will be at the Annual Parish Meeting in the Church Hall on the 27th April at 7:30 pm to answer questions.

This is looking like it will be a busy meeting as we're (the BHCA) also at the meeting to talk about our proposals for upgrading the existing playground next to the school.

See you there!

Bar Hill Community Spring Market

Saturday 1st April

10.30am – 2pm

In the Octagon CB23 8EH

Entry is Free

All profits go to Community/Charity projects

Refreshments all day with Soup at lunchtime.

Cakes, Wood, Chocolates, Fabric, Flowers,

Handmade crafts, Fairtrade items and more.

If you wish to be part of the market, please contact Karen Austen 07913923349 or

Email – bar.hill.community.market@gmail.com

Facebook - Bar Hill Community Market

Chair/ Secretary	Andy Pellew
Vice Chair	Laura Chapman
Secretary	Jenni Foster-Smith
Treasurer/ BHN Advertising	Hilary Whipp
BHN Editor	Andy Pellew
Features Editors	Liz Dams, and Bridget Wilson
Trustees	
Bunty Waters	Jo Hall
Anthony Mitchell	Kate Da Costa
Barry Dean	

If you'd like to contact the BHCA then you can either write to us **c/o Bar Hill Parish Council Offices, Hanover Close, Bar Hill. CB23 8EH**, email **chair-of-trustees@barhillca.org**, or call **07814 871752**.

We meet monthly on the second Tuesday at 8pm in the Social Club. If you'd like an agenda please get in touch!

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted to **bhn-editor@barhillca.org**

LETTERS, NOTICES & ANNOUNCEMENTS TO THE EDITOR

Please send your letters & notices to **bhn-editor@barhill-ca.org**. Thank you!

Dear Residents

A huge thank you for the large quantity of used postage stamps I received in February and March. These have all been sorted and passed to The Leprosy Mission where they will be used to raise funds to fight this devastating and needless disease.

It is a pity that the scheme has now finished as TLM have found it is no longer economic but I'm grateful to everyone who has donated stamps and raised valuable funds in recent years. There are still some charities who collect stamps so I hope you will find one and carry on collecting for them.

Thank you again, Pam Vendy

Dear Residents

I'm currently working with the Parish Council to put together a proposal for a significant upgrade to the young children's play area by the school.

We have received some very exciting designs from local companies and I'm keen to start a discussion with users (and their parents!) to ensure we are getting the best value for the village as well as delivering a playground people will use.

I'll be at the Annual Parish meeting on the 27th April at 7:30 pm in the Church to share the designs and listen to residents regarding the plans.

I hope to see you there!

Jenni Foster-Smith

Parks & Recreation Committee (Chair)

Bar Hill Community Association

FOR SALE (for Happy Hours)

Two WINMAU dartboards. Old but have never been used. £5 each. Contact: **anne@rwp10.plus.com** or **01954780364**.

Dear Residents,

With a dwindling number of members, the Bar Hill branch of the Royal British Legion who have had a presence in the village for almost 50 years, are looking for a suitable memorial as a legacy.

Funds are being raised for a Commemorative Bench which could be installed, hopefully, adjacent to the Memorial Garden.

The cost is approximately £1300 plus installation. Although we are, with a very generous donation from the Community Association, on our way to reaching that figure, we are still seeking further donations to help us achieve our target sooner rather than later.

If you feel you would like to help, cheques made payable to 'Memorial Bench Fund' c/o Maggie Cox, 27 Almond Grove, or Bunty Waters, 77 Foxhollow would be much appreciated.

The deadline for submissions is the second Thursday of the Month. Please send your article to **bhn-editor@barhillca.org** (PDF, Word, Pages, etc)

LETTERS, NOTICES & ANNOUNCEMENTS TO THE EDITOR

Please send your letters & notices to **bhn-editor@barhill-ca.org**. Thank you!

Dear Residents

When I first came to Bar Hill many years ago I had great pleasure in feeding the birds and over the years I had many different birds visiting my garden.

Unfortunately this pleasure has now been spoilt by the hundreds of pigeons, collared doves and white doves which have completely taken over my garden. I can't venture outside before they pounce and the usual feathered friends don't get a look in.

I realise that these birds take cover under solar panels and unless these are enclosed they will shelter underneath. All solar panels should be fitted with solar panel guards and anyone thinking of having them installed should ask for these to be fitted thus avoiding the nuisance these birds are causing. I dread to think of the state of the tiles underneath these panels. I don't know if there is a way of removing these birds but any help would be appreciated.

Regards, C. Kay

8 o'clock club

The 8 o'clock club celebrates our 50th Birthday this year, started in 1973 by a group of young mums to provide a monthly meeting for women of all ages.

Due to the school closing for Easter Holidays there will be no meeting in April. The next meeting will be on 4 May when our speaker will be from SERV -The emergency motorbikes delivering blood.

If you would like further details, please phone Barbara **204171**, Adela **204265** or Ann **204687**

Community Hub "Coffee Stop"

9.30 to 11.45 at The Octagon Monday mornings.

Our "Coffee Stop" at the Community Hub is becoming a popular place to go on a Monday morning. This is a lovely, friendly group where old friends can meet to catch up for a chat and new people have the chance to make new friends and find out what else is happening in the village. You will receive a warm friendly welcome and offered some very tempting homemade cake and freshly made tea and coffee.

Why not make this one of your weekly visits. We would love to see you, have a chat and get to know you.

All are very welcome. Hope to see you soon.

Sue Kenchington **780260** for more information or see you there. Greetings from our lovely team of helpers.

LETTERS, NOTICES & ANNOUNCEMENTS TO THE EDITOR

Please send your letters & notices to **bhn-editor@barhill-ca.org**. Thank you!

Dear all,

Today at the community market Samuel wanted to raise awareness of eco issues in Bar Hill. He did a survey where he asked people at the market for their thoughts. Not exactly scientific, but here are his results;

1. Do you care about the environment?

95% yes, 5% no

2. Do you recycle your soft plastic (at Tesco)?

95% yes, 5% no

3. Do you have solar panels?

35% yes, 65% no

4. Do you have an electric car?

5% yes, 95% no

5. Do you throw away food?

50% yes, 50% no

6. Do you eat seasonal/local food?

75% yes, 25% no

7. What do you think Bar Hill (not just the Parish Council) can do to be more eco-friendly?

Traffic calming, wind turbines, more recycling places, greener cars, more trees, picnic benches, protect hedgehogs, more/ better paths, eco-groups.

Thank you,

Dave & Samuel

Dear all,

Just a quick update on the work being done towards providing Bar Hill with its own Skatepark.

At the moment the Skatepark working party are in discussion with the Parish Council regarding funding - this way when we have a local referendum it will be clear exactly how much the proposed design for a skatepark will cost and then it will be up to you (the village residents) to decide.

There won't really be much news until after we have all the figures together - our commitee will wrap up once we have sent our proposed design, costs, and wording for the referendum question it will then be up to the Parish Council to take it forward.

As always though if you have any questions please let me know. The WhatsApp group is still available for people who are interested in joining.

Dave Wright (Chair)

On behalf of the Skatepark Working Party

skatepark@barhill-ca.org

Dear Editor

I would like to say an enormous thank you to all the volunteers from the village, for items which have been donated from the residents of this village when the news that Asylum Seekers are being housed in the Bar Hill hotel

What big hearts residents of this village have, as with Covid and the HGV drivers, in the past years, concern and care all come into being for people who have little choice in how they need to keep safe.

Thank you to all

Bunty Waters

BAR HILL MAPLE SURGERY

Appointments and Staffing

Since the change in provider to Cambs GP Network staffing has remained consistent from a administration perspective. From a clinical viewpoint Maple has increased the volume of face to face appointments led by GP's and ANP's (Advanced Nurse Prescriber). This has led to very positive feedback from patients who have received this service so far. As usual please keep providing feedback to the practice regarding our service whether that is face to face, telephone or email (**maplesurgery.enquiries@nhs.net**).

Prescriptions

Prescriptions remain a national issue currently. The reason for this is a lack of availability of clinical pharmacists across the primary care network (PCN). Our PCN is looking to address this currently with multiple adverts for this role. Also there continuous supply issues for pharmacies supply our patients which is delaying processes as GP's have to seek out sufficient pharmaceutical alternatives. Please can I remind anyone in need of a prescription to put their request in with plenty of time to allow for these challenges. Should you have any queries regarding this please do not hesitate to contact our reception to discuss this.

Working with the Community

Pekka our carers champion and social prescriber has been given funding to start up a walking football group. These sessions are conducted by coaches from Cambridge United and offer a great chance to socialise and improve health and well-being. At the time of writing there has been one session undertaken with the uptake very positive. However more participants would be welcome! Should you be interested please get in contact at **maplesurgery.enquiries@nhs.net** or speak to Pekka directly at the practice.

Charlie McDowell (Practice Manager)

Bar Hill Church Knit & Natter

We continue to meet regularly in The Octagon on a Thursday afternoon from 1.15 until 3.00 pm. All are welcome.

As a well established friendly group we enjoy knitting and are all very good at "nattering".

Our aim has always been to welcome and encourage people to join and meet old friends and make new ones. The aim of the group is to encourage people to use their knitting skills to make things that other people need anywhere there is a need. We have made vast quantities of baby clothes, scarves and hats for children and adults wherever the need arises in this country or others. We recently made many blankets to go in Food Bank parcels at Christmas.

We are always grateful for donations of wool for our projects if anyone has any spare.

During out afternoon together, as well as knitting and nattering, we have a regular exercise slot when Wendy keeps us stretched and strengthened with fun exercises.(Soon after that we have tea and cakes !!)

Are you interested in joining us? Either phone me or turn up on a Thursday afternoon. Look forward to seeing some new faces as well as our lovely familiar ones. p.s. You don't have to be able to knit to join us, we are happy with nattering!

Sue Kenchington **780260**.

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BAR HILL WARD - DISTRICT COUNCILLOR'S REPORT

Use of Bar Hill Hotel for Asylum Seekers

As you know the Home Office has informed us that they are now using the Cambridge Bar Hill Hotel as accommodation for asylum seekers. This is part of a national programme and the decision by the Home Office is to disperse asylum seekers across the country. This hotel is part of many being used.

Health registration forms should be completed by Service Users (Sus) before they attend health clinics so residents should not find problems accessing the variety of health areas at the Maple surgery.

Education is at this time, still being organised with school application forms. The Hotel Golf business is operating as usual, however, the Gym is closed.

If you have any questions please contact me or the Parish Council Clerk as this is an ongoing situation.

General Council Tax Information

Council tax bills will be sent out shortly.

Your Council Tax helps to pay for a wide range of local services like policing and refuse collection. It applies to all domestic properties including houses, bungalows, flats, maisonettes, mobile homes and houseboats, whether owned or rented. There is one bill per property, whether it is owned or rented. The people who live in the property will normally have to pay the Council Tax.

The amount you pay depends on:

- The valuation band of your property (this is set by the Valuation Office Agency)
- Whether you are entitled to any help with paying your bill through the Council Tax Benefit scheme
- Any discount or exemption under Council Tax legislation due to your own personal circumstances

Your bill will normally ask you to pay the Council Tax over ten monthly instalments. However, you can now have the option to pay over twelve months. Please do contact SCDC to request this way to pay.

To understand your Council Tax bill please see:

https://www.scambs.gov.uk/council-tax/understanding-your-council-tax-bill/

Welcome if you are new to the village, meet me in the HUB on Monday mornings for a coffee, you can contact me if I can help in any way or you would like more information

Welcome & please contact me if you would like further information, help, or advice
Cllr Bunty Waters - **bunty.waters@ntlworld.com 01954 201421/ 07734 690580**

Bar Hill Church News

Services

Sun 2 April, 10:00 am	Palm Sunday, Holy Communion (Methodist)
Thu 6 April, 7:30 pm	Maundy Thursday
Fri 7 April, 10:00 am	Good Friday Meditation
Sun 9 April, 10:00 am	Easter Day Family Communion (Reformed)
Sun 16 April, 10:00 am	Morning Worship
Thu 20 April, 7:00 pm	Licensing of our new minister, see below
Sun 23 April, 10:00 am	Worship for All
Sun 30 April, 10:00 am	Quaker Meeting

BAR HILL CHURCH

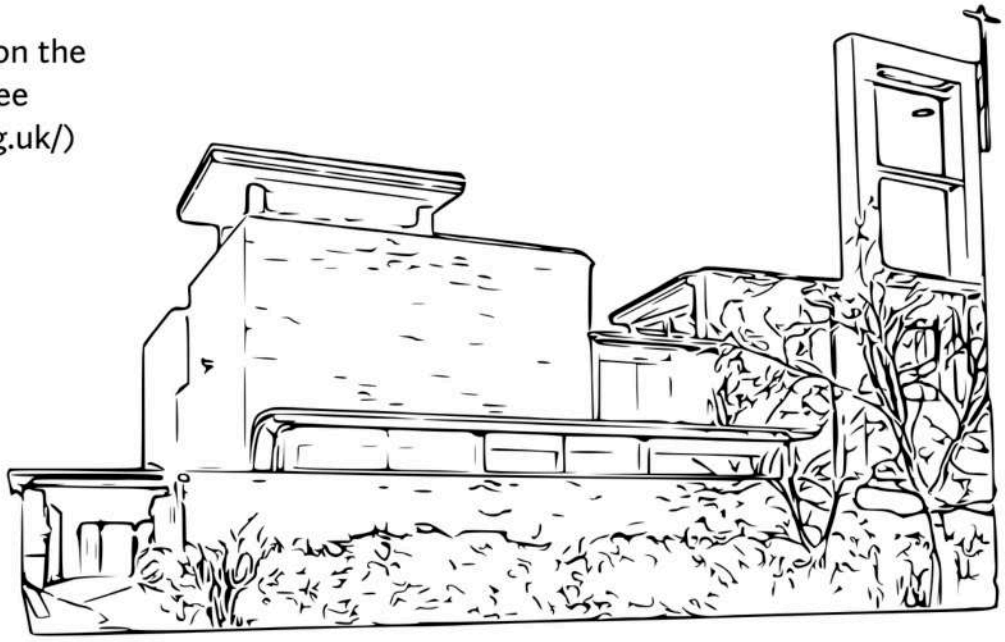
spread the word

All are welcome to the Licensing of Revd Wendy Wale as Minister of Bar Hill Church

Led by the Rt Revd Dr Dagmar Winter

7.00pm Thursday 20 April 2023

and streamed to Zoom on the church's worship link (see https://barhillchurch.org.uk/)



Bar Hill Church Centre
Hanover Close
Bar Hill
CB23 8EH

Church Office: Ian Farr, 01954 206120, church.office@barhillchurch.org.uk

Website: https://barhillchurch.org.uk

Facebook: https://facebook.com/barhillchurch

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Rhymetime and Lego Club at Bar Hill Library

All sessions are free of charge and don't need booking, just come along with your children!

- Rhymetime is every Tuesday (during term time) 2.30-3pm

-Lego Club is monthly, 2nd Wednesday of the month (term time only) 3.30-4.45pm

Bar Hill Tennis Club
NEW SEASON
www.barhilltennisclub.co.uk

Our new Club night season starts 18.30 on Tuesday 11 April and we welcome players of all abilities.

Our membership rates are very competitive and entitle you to play at any time including Club nights. You may also invite guests to play with you subject to paying the guest fee.

What better way to welcome the better weather than enjoying a game of tennis!

Just a reminder for all current members that all memberships are due for renewal on 1st April and as usual the court access code will be changed from that date. 2023–4 membership details are available on our web site and you can pay on-line.

There is an active WhatsApp group for members to share information and find playing partners. If you would like a "taster" your first visit to our Club nights is free – why not give it a try.

Courts can also be hired for private play.

We invite all current, lapsed and new members to come along and play on the courts. Please encourage your family, neighbours and friends to come down to our Club social nights to play some tennis. We welcome players of all abilities. Tennis is an excellent way to keep fit and enjoy the summer evenings in a relaxed and friendly environment.

Our Adult Club nights are Tuesdays & Thursdays 6.30 to 9pm and Club nights start Tuesday 11th April 2023 (or earlier if the weather permits). We look forward to seeing you!

Paul Chubbuck (Secretary) **07983 435104**
info@barhilltennisclub.co.uk

FOR MORE INFORMATION GIVE US A CALL OR VISIT OUR WEB SITE

BAR HILL PARISH COUNCIL

Annual Parish Meeting

This years Annual Parish meeting will take place on Thursday 27 April 2023 at 7.30pm in the Worship Hall of the Church.

Local groups are encouraged to attend to present information on their activities for the last year and their plans for the future. There will be a presentation from the Bar Hill Community Association (BHCA) about a proposed upgrade to the young children's play area by the school

.

Local Council officers will also be present to answer questions regarding the Home Office use of the Bar Hill Hotel to house asylum seekers.

27TH APRIL @ 7:30 PM

THE BLACK HORSE

FREE HOUSE

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Hello! My name is Gosia and I am a Certified Nail Technician from Bar Hill. I completed the Professional BioGel Training Course.

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£20 for Bio Sculpture nails & £5 for Bio Sculpture Soak Off.

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Message me on 07380148225 to book an appointment.

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pretty.please.barhill

HAPPY HOURS - April 2023

The Bar Hill Happy Hours club meets in the main bar area of the Bar Hill Sports and Social Club between 2 and 4pm on Friday afternoons for tea/coffee and cakes, getting together with friends, fun and games. All of this for only £2 per person. The bar is open if you want something extra.

We are looking for new members to join us, so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along and join us.

Coming up:

7th April: Good Friday– celebrating Easter

14th April: Games and a Quiz

21st April: St George's Day – English Theme, Bingo and Quiz

28th April: NO CLUB

5th May: Eve of the Coronation

If you give us a try your first week is free.

Anne Plumb, Tel: **01954 780364**, email: **anne@rwp10.plus.com**

Bar Hill Catholic Mass

Celebrating our love of God – Meeting with friends – Volunteering

From 7th January 2023 Mass will be held in Bar Hill Church at 6pm on Saturdays. Our services are open to all and everyone is very welcome to attend.

If you have any queries please call Bunty Waters **07734 690580** who will be happy to help.

Our local parish priest is Father Adrian Gates, from OLEM, Ditton he is also the Hospital Chaplain - he can be contacted on **07842 190882**.

We look forward to welcoming you!

BAR HILL ROSARY GROUP

Dear All,

Rosary Group meetings have to be postponed until further notice. Nevertheless, this particular uncertain time might be a convenient moment for you to develop a more personal relationship with Jesus and Virgin Mary to find peace of heart. We may help you by giving away rosary beads with instruction on how to start praying. Whether you are new to rosary or not we encourage finding time for a faithful reflection. Please text your address to Agnes (**074 3255 0621**) and the free kit will be delivered to your door (in Bar Hill). God bless you!

CHRIS'S BIKES

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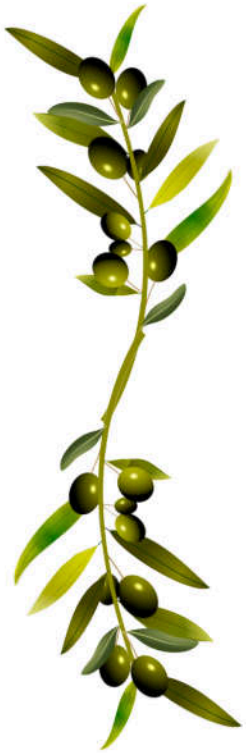
chris@chrisbikes.co.uk

01223 276004

Olive Tree Bereavement Group

Our next meeting for members will be on Saturday April 15th 2023 at 10.30. This is held as usual, at The Octagon. This is a very welcoming and supportive group where you can talk freely about a bereavement knowing that anything said at the group will be understood by others and is confidential. It is gentle and supportive where there will be time to share your experiences and listen to others.



We will be very pleased to see you if you are a regular member, a new member, or if you have never been before.

Each season brings challenges to those who have been bereaved and our members find it helpful to share their experiences with others and getting and giving support. If this is you, perhaps you will come along and meet people experiencing this too.

If you are wondering whether the group is right for you, please phone one of us to talk about it. We welcome all newcomers and would prefer that they arrive at 10.00a.m.on the date above so that we can explain what happens and get to know you a little first.

The leaders who are CRUSE trained, and other members of the group will offer a warm welcome and you will be in the presence of people who have been through loss and understand the particular pain and difficulties that this brings.

For more details telephone Sue Kenchington **780260**, Chris Stannard **781978**, or Maggie Cox **488657**.

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NEIGHBOURHOOD WATCH 1982 - TODAY

Bar Hill Neighbourhood Watch

working for a safer community

BAR HILL

To contact Neighbourhood watch please email **nhwinbarhill@yahoo.co.uk**

To keep up to date on the latest developments please join us on facebook: **bit.ly/FBBarHillNHW** (or search for "Bar hill NHW")

Bar Hill Day Nursery and Out of School Club

www.buttercupschildcareltd.co.uk

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email: info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**

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Bar Hill NWR (National Women's Register) is a friendly group of like minded women who meet, now in The Octagon, every two weeks discussing a variety of topics.

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April 13th - research a Prime Minister of the 20th century

April 27th - Saturday jobs: did you have a job still at school?

If you are interested in joining please contact the Local Organiser Marie-Thé on **780329** or her deputy Julie on **201502**.

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COUNTY COUNCILLOR'S REPORT - April 2023

The County Council has just adopted a new strategy to promote more non motorised transport ie walking and cycling – known as 'active travel'. It is important for a lot of reasons, including making it easier to walk and cycle, to promote health and wellbeing as well as protect the environment. The Highways Committee considered the new strategy this week, looking at a set of routes which together build a network across the County. I made an argument to the Committee that there would be great benefits in having a path around the perimeter road in Bar Hill – it would be an ideal fit within the active travel strategy – and I am delighted to say they agreed with me. The active travel strategy for South Cambs now includes the path for the perimeter road around Bar Hill.

There is a lot more work to do to make this a reality, but this is a critical first step. I will continue to press for the next steps, for design work to be done, to develop the options that residents can consider, and ultimately for funding.

There has also been another welcome development in that National Highways have responded to the pressure myself and colleagues have been putting on them in relation to the disaster of the A14 trees. We have forced them to rethink their whole approach. Initially there were 800k trees planted along the A14 as part of a bid to restore some of the biodiversity lost but almost all died. They were obliged to replant but they had no success. They have now done a complete rethink on what they

are doing, and have voluntarily taken on an extra 5 years of responsibility for the trees to make sure the trees get established, and that they honour their promise to the local community.

Everyone will know now that the hotel has been repurposed to accommodate asylum seekers. The District Council is the lead authority here, with the Parish and County in support. Officers are working hard to provide really effective support.

Please don't hesitate to get in touch if you have any questions or concerns.

Cllr Edna Murphy - Bar Hill Division, Cambridgeshire County Council
Edna.Murphy@cambridgeshire.gov.uk, 01223 577005

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Coton Bowls Club's season begins!

Our season begins once again on Saturday 29th April with a friendly inter- club match to get back into the swing of things. On Monday 1st May (Bank Holiday) the club will be open for refreshments and cakes alongside the car boot sale on the rec. New bowlers are welcome to come along and give bowls a go. Members will be on hand to show how the game is played. You can find us on the recreation ground opposite The Plough pub. Anyone with a pair of trainers (or flat soled shoes) can play.

As a club we play teams in 5 different local leagues and we aim to offer regular games to all members, whatever their level of play. Games are played on week-day evenings from 6.15 pm, and some afternoons, week-days and weekends at 2.30 pm from May to September. Match fees are £3 per game and the first years annual subscription is only £10. Thereafter it is £60. It's a great way to while away a summer's afternoon or evening and meet new people. We are pleased to welcome players from local villages that don't have their own bowls green. Come and join us!

opensessions@cotonbowlsclub.co.uk
www.cotonbowlsclub.co.uk

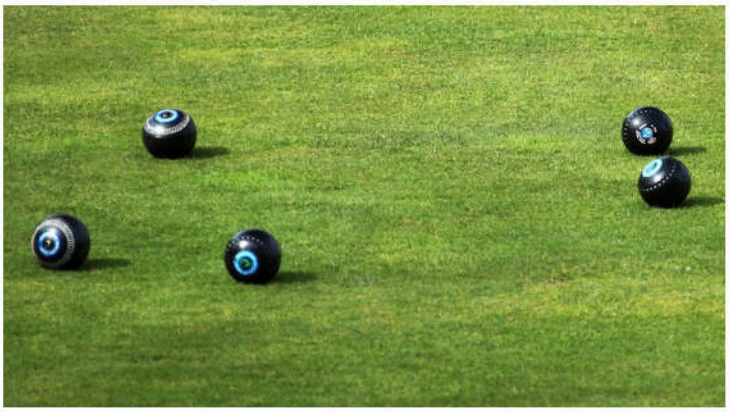
Longstanton Bowls Club

The start of the 2023 outdoor bowling season is fast approaching. The green has been lovingly attended during the winter months and is looking pristine. On Saturday 15th April at 2PM the green will open again, we'll welcome back our members, and have an informal roll-up on the green. If you're intrigued to learned a little more about Lawn Bowls then please do come along and meet us. The Bowls Green is situated next to the Tennis Courts on the Longstanton recreation ground, Over Road, Longstanton.

Throughout the season, there are rollups on Thursday afternoons from 2:00pm to 4:30pm and on alternating weekend days. These sessions provide newcomers with an ideal opportunity to learn bowling skills and sample the social side of the sport. Spare bowls, in a variety of weights and sizes, are always available for practice. It should be noted that Monday Evenings are no longer a dedicated club roll-up night, as these sessions have moved to the weekends. First year membership for Newcomers is only £10 (adults) and £5 (juniors 18 or under), such a small price to pay to be part of one of the friendliest Bowls Clubs in Cambridgeshire.

The Club plays in three different leagues. The Ely and District, afternoon league (3 rinks of triples), playing on Mondays and Fridays. The Cambridge and District evening league (4 rinks of triples) where we have 2 teams, playing in Divisions 3 and 4. Finally, the Cambridge Business Houses evening league (2 rinks of pairs) with teams in the Men's and Open leagues. All the league matches are played from late April to late August. The clubs' internal competitions are played over the season with finals day in early September.

During the winter our website has been redesigned and updated. So, if you want to know more, please visit our website www.longstanton-bowls-club.co.uk. Membership packs, for Longstanton Bowls Club, are available from our Membership Secretary (Marion Edwards) on **01954 780118**.



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The children had a wonderful day on the 2nd March celebrating World Book Day. Children brought in their favourite book and were given the opportunity to share their books with their class before pairing up with different classes to read and enjoy their books together. They also took part in a range of activities designed to foster a shared love and enjoyment of reading, including a 'footy booky quiz' for KS2, creating headbands based on their favourite stories (which they then wore at lunch), and a school focus on the book, A Mouse Called Julian by Joe Todd Stanton.

On the 22nd February we came together to celebrate World Thinking Day. It remains one of the most important dates in the guiding calendar, and every year the theme of the event encourages members to think about the big issues affecting them and their global community. Previous World Thinking Days have tackled the subjects of poverty, gender inequality, environmental sustainability and access to education. Children enjoyed wearing their group uniforms and took part in assembly.

We also enjoyed, Schools' Football Week, an ongoing ESFA initiative designed as an opportunity for schools, teams and clubs from across the country to embrace football and the wellbeing benefits it provides to pupils and players. It celebrates the importance of schools' football, competitive or otherwise, to pupils across England and provides teachers and coaches with tools to further discuss the benefits of schools' football within their educational environment. The children focused on football in their PE lessons and KS1 and KS2 children took part in football tournaments on our school field in the afternoon. There was fantastic participation by all the children.

The whole school focused on children's mental health week with the theme 'Let's connect'. It was wonderful to see so many children on Monday taking part in 'Dress to Express'. Each morning the children have completed tasks to reflect the theme of the day:

Monday: we 'connected', talking with those around us to find out something we have in common and/or something new about a person in our class.

Tuesday: we were 'active' making sure we kept moving to keep our brains engaged, this included breaks between each lesson, mindful breathing and a morning warm-up.

Wednesday: we were 'mindful' making sure we found something to be proud of and grateful for.

Thursday: we 'kept learning' making sure we taught someone something new and found someone to share our skills and talents with so we can build on our own existing skills.

Friday: we looked at what kindness looks like and how we can demonstrate this day to day both at home and at school.

Looking for opportunities to volunteer? Want to use or develop new skills? Computing, English, Marketing, … ?

BHCA

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volunteering@barhill-ca.org

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Bar Hill Village Hall

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Facilities and Governance

The site has undergone various small extensions and a complete rebuild over the years to continually improve the facilities such as the provision of WiFi.

The large Main Hall has multi-purpose vinyl flooring, making it flexible for all types of events. There is a kitchen alongside the Hall with a serving hatch, making it useful for self-catering at parties, discos and the like. The licensed bar can be booked on request and will be serviced by the Sports and Social Club. The Hall opens out onto a large patio area that is ideal for external activities or a spill-over for internal events and has two bolted gates that lead off the premises.

There is also a small Meeting Room, with its own independent access and great for meetings of up to 10 people.

The Village Hall is a UK-registered charity (number 1002579) and run by a committee of trustees who are committed to the on-going development of the Village Hall's role as a key community facility.

To make a booking, please visit our web site **barhillvillagehall.com** and then email **enquiries@barhillvillagehall.com** to confirm arrangements.

Alternatively, call **01954 782414** and leave a message. We aim to return calls within 24hours (Monday to Friday).

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BAR HILL PARISH COUNCIL

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01954 780456 - **clerk@barhill-pc.gov.uk**, Chairperson: **bunty.waters@barhill-pc.gov.uk**

Please contact the Clerk in the first instance if you have any queries or concerns.

Parish Council Opening Hours

The Parish Council office will be open to the public Monday to Friday 09.30-11.30. As the Clerk is full time, appointments outside of this time can be made by prior arrangement.

Annual Parish Meeting

The Annual Parish meeting will take place on Thursday 27 April 2023 at 7.30pm in the Worship Hall of the Church. There will be a presentation from the Bar Hill Community Association about their play area proposal.

Local Council officers will also be present to answer questions regarding the Home Office use of the Bar Hill Hotel to house asylum seekers.

Tree Watering

Bar Hill Parish Council will be planting some trees around the village and are looking for volunteers to aid with the watering of these. If are willing to help please contact the Clerk.

HGVs

Bar Hill Parish Council has been advised by the Police to inform residents to report any dangerous and/or hazardous parking of HGVs within the Village to them via 101 or their website.

Litter Pickers

Bar Hill Parish Council would like to thank the team of volunteer litter pickers who regularly go around the village picking up litter and who help to keep the village clean and tidy

Next Meeting Dates

Full Council Meeting: 13 April 2023

Environment & Amenities Committee Meeting: 5 April 2023

Annual Parish Meeting: 27 April 2023

Huntingdonshire Concert Band

Saturday 20th May 2023 7.30 pm

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Useful Links

Dogs (Fouling of Land) Act 1996 (**bit.ly/bh-dogfouling**) - Environmental Crime (**bit.ly/bh-envirocrime**) - Damaged Street Nameplate (**bit.ly/bh-streetnameplate**) - Reporting issues with roads, paths, street lights, etc.(**bit.ly/bh-highwaysfault**) - Report a non-urgent Crime - (**bit.ly/bh-reportcrime**)

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Anyone can create a free health research account - whether you have a health condition or not. Once registered, you will then be matched to a suitable research study and sent information on how to take part. Visit the Be Part of Research website to find out more:

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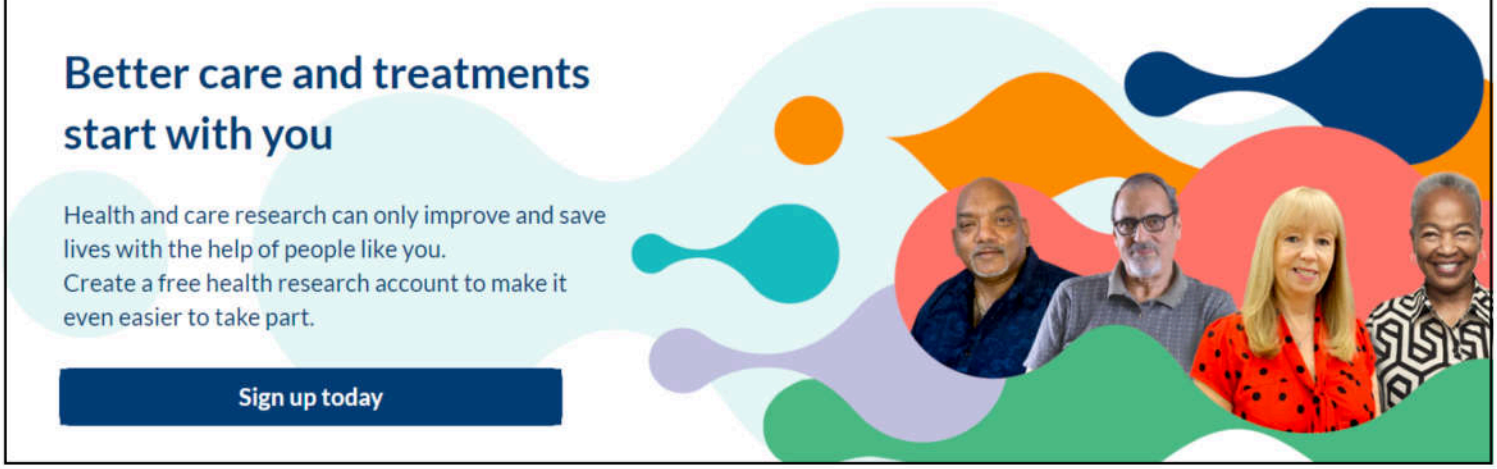
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Wildlife Gardening in April.

There are many ways to support wildlife in April, so don't forget to keep wildlife in mind with your general garden tasks. If you look after your local wildlife, it can have a massive impact on your garden, success and your own well-being. A more biodiversity garden means more enjoyment and well-being. It's a joy to watch birds, visit the garden and hear the crook of a toad.

Everyone loves spotting a bee pollinating plants and the flutter of a butterfly. Gardening with wildlife in mind is good for you and wildlife and the environment.

Bar Hill Indoor Bowls Club

After the break due to covid restrictions we are back to playing bowls again.

We meet in the school on Friday evenings during term time only from 7.30 pm to 10pm with a 1/2 hour break for coffee. We are a very friendly group and we would love to have some new members. It doesn't matter if you have never played before just come along and join us one Friday, the cost is £2 per week but the 1st week is free.

So why not come along and give it a try?

If you would like more information please contact me on **01954 204171 / 07847 327709** or **barbara.page@live.co.uk**

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Bar Hill Pre-School

In March, we have been looking at the book 'Jack and the Beanstalk', planting beans to grow our own beanstalks. We have planted some of the beans in soil, while some we have put in our window greenhouses on damp cotton wool, so we can watch the beans develop more closely. We have also planted some potatoes and onions in our vegetable patch.

We have been busy making cards and gifts for our mums for their special day.

Our walks around the village have further supported our learning on the local environment and people who help us. The children particularly have liked the fire engine tuff spot this week.

In the role play area, we have had a vet's theme. The children have loved using bandages and plasters to make their furry friends better, showing care and concern for animals.

In parent partnership, we have learnt about the Bulgarian festival 'Baba Marta' on the 1st March, which welcomes Spring with Martenitsas - decorative pieces red and white twisted thread. We also celebrated St David's day by drawing daffodils.

We are closed for the Easter holidays on Friday 31st March. We are back on Monday 17th April.

Interested in finding out more and booking a place for your child? Contact enquiries@barhillpreschool.co.uk or call 01954 782892. You could also visit our website www.barhillpreschool.co.uk for an enrolment form.

Children are offered places from the age of two years old. We are open 9am-3pm in term time only. Funding and Childcare payment schemes are accepted.

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Bar Hill library

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Tuesday: 2 – 5pm

Thursday, Sunday: Closed

Friday: 2 – 5pm

Saturday: 9.30 – 12.30pm

We look forward to seeing you there!

Need help with your bus pass?

If you want help applying for a bus pass, or renewing it, drop by Bar Hill Library and we'll help you, including by taking a suitable photo.

If you're applying for a concessionary bus pass for the first time you may need your national insurance number, proof of age or disability, and proof of address. Please see the council website for details (**https://bit.ly/3ztSmX9**).

THE ROYAL BRITISH LEGION

The Royal British Legion is open to anyone who would like to become a member. You do not have to have served to join. We are there to support all ex-service personnel.

This year we have welcomed two new members.

If you would like to join, please either come along to a meeting or contact Wendy Arrowsmith on **01954 781381** or Malcolm Cox **01954 488657**.

Our meetings for 2023 will be held in The Meeting room of the Octagon at 7.30pm on the following dates

Thursday 23rd February, Thursday 27th April, Thursday 22nd June,, Thursday 28th September and our AGM will be on Thursday 26th October.

Thanks to everyone's donations and time we reached a total of just over £11,000 for The Poppy Appeal 2022.

We are hoping to purchase a Remembrance bench for the village and are asking for donations towards the cost we already have a few but need more. If you would like to make a donation, please contact Maggie Cox on **01954 488657**. The bench will be in memory of all the Royal Legion members we have sadly lost over last few years.

The April meeting will be on 27th in the Octagon at 7.30pm we will be having a speaker coming to give a talk about how the money raised by the Poppy appeal is used to help people. If anyone would like to come along, please let Wendy Arrowsmith know by phone on **01954 781 381**.

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Bar Hill Childminders

Bar Hill Childminders are Ofsted registered and are graded 'Good', fully insured and have Paediatric First Aid training.

We offer quality, caring home from home care with a wide range of exciting experiences for the children both within our settings and the local community. We regularly go on outings, walks etc and attend local groups to help the children socialise. We find having a wide range of ages benefits all the children in our care, it helps to build the younger children's confidence and encourages the older children to be patient and understanding with the younger children, helping them to learn and progress.

We accept 2,3 and 4 year old funding and the Government Tax Free Childcare payments.

As we are busy with the children during the day, please text us with your requirements and we will contact you as soon as possible with our up to date availability and hourly rates.

Jacky - **07718447998**– ages 6 months upwards. Term-time and all year round. Spaces expected from September 2023

Kirsten – **07906218070** – ages 6 months upwards. Term-times and all year round.

Kirsty - **07584168909** Over the hill Out of School Club - Preschool year upwards. Wrap around and holiday care.

As part of our continuing professional development we undertake regular training to ensure our knowledge is up to date and to be able to provide the best care possible for the children, recent training for some of us has been 'Child Protection', 'Loose parts and risky play' and 'What comes before play.'

February saw us take part in lots of activities and celebrations both with the children in our own settings and at our group with other Childminders and their children. For Valentine's Day we talked about our feelings and who we cared about and made cards and pictures to share with those special people.

We practised our baking skills on Shrove Tuesday by mixing and making pancakes, favourite toppings were strawberries,

blueberries and chocolate spread!

In March we spent some time making cards and presents for our special mummies for Mothering Sunday.

World Book Day saw us visiting the library, dressing up as our favourite

characters and sharing our favourite books together. We also visited Tesco and used a special voucher to choose a book each.

We have been enjoying walks looking for signs of spring, we have seen snowdrops and daffodils begin to flower and the trees are beginning to have leaf buds.

In April we will be looking forward to warmer days and Easter crafts and games.

Helping hedgehogs in April

Most hedgehogs are now active and still building up, body fat lost over the winter. They will be looking for suitable nesting sites, as well as potential mates. We can help them by providing supplementary foods, and by providing houses if a natural option is unavailable.

For help and advice please contact Liz Dams - **01792 988898** or Shepreth Hedgehog Hospital - **07947 361187**

Bar Hill Ladies Book Club

Meeting Monthly

Next meeting :Tuesday April 18th – Still Life by Sarah Winman

Bar Hill Sports & Social Club – 7.30pm

We are a friendly group of ladies who love to read & share our opinions & thoughts.

Please join us , you will be so welcome.

For more details please email **sheilafarrar@hotmail.co.uk** or call/text **07920 558319**

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Easter Closures

The practice will be CLOSED on Friday 7th April (Good Friday) and Monday 10th April (Easter Monday).

If you need medical assistance when we are closed please call NHS 111.

Patient Participation Group (PPG)

The meeting on 4th April has been postponed and will now take place on Tuesday 18th April 7pm at Willingham Surgery.

The PPG brings together patients, GPs and staff from a GP practice. They meet quarterly to discuss issues relating to their surgery and the services provided to patients. If you are interested please contact the chair Mr Chris Thornhill at crthornhill@gmail.com or sign up at Willinghammedicalpractice.nhs.uk/practice-information/patient-information-group

A message from our Dispensary

As a very small team you can imagine the volume of calls we experience. We ask patients to use the System Online service to order repeat medication as much as possible. You can also order repeats via the NHS App or deliver your paper copies into the surgery at Willingham or Longstanton to keep the phone lines open for enquiries and queries. You can also hand in your repeat slips at the Willingham Pharmacy.

It has come to our attention that our phone lines are constantly ringing with no reply. This is purely because there is currently not an engaged tone in place and we will be on the phone dealing with other patients. Please be patient and we will assist you as soon as we can.

Can we also remind patients who are collecting larger items at Longstanton Dispensary to bring their own collection bags, so we can all try and help do our bit for the planet!

Our current turnaround for regular repeat prescriptions is THREE working days (This does not include weekends) so please be aware of this when ordering and give yourself plenty of time to ensure you don't run out of medication.

From the dispensary team we wish you a great start to the month and please call us on: 01954 207602 with any questions you may have!

Missed Appointments

In February 2023, 92 appointments were wasted as patients did not attend their appointment at Willingham and 27 did not attend appointments at our Longstanton Branch Surgery.

This included 5 minor operations which equates to 4.5 hours of clinical time lost, and has extended the waiting list for coils and implants even further.

In total it equates to approx 20 hours of clinical time lost. To put this into context, it is equivalent to having 4 GPs working 1 full day, and seeing no patients at all.

Please cancel your appointment if it is no longer needed.

Carers Meeting

Our next carers support meeting is Weds 5th April at Willingham Surgery between 2pm and 4pm. Refreshments provided, no need to pre-book and completely FREE!

Meetings are held on the first Wednesday of every month at Willingham. Contact Sue Lawson at susan.lawson7@nhs.net for more information.

Bar Hill Cricket Club

Preparations are well under way for the new season, with cricket to be played in the Cambridgeshire Cricket Association Junior League and the Cambridge Business Houses (midweek) League.

Our Saturday team will be in Division 4W and will be up against Cam Kerala III, Cambridge NCI IV, Cambridge St Giles III, Camden II, Comberton, Elsworth, Milton II and Northstowe.

We are due to start at home to St Giles on Saturday May 6th, with matches now starting a little earlier than previously, at 1pm. They are 40 overs a side.

In the midweek league, matches start at around 6pm and each side has 15, eight-ball overs. Our opponents this year are RSC, ELA, Histon Development, TTP, Newton Queens Head, Linton, Stapleford and British Antarctic Survey.

Before any of that, we are holding training sessions on the village green every Thursday from April 6th (5.30-7.30pm). All current and prospective members are welcome.

Due to the limited interest over the past two years, we have decided not to hold youth training sessions this summer. However, if there is an upturn in demand, we may consider adding them – so please let us know by emailing info@barhillcricket.org.uk

Keep an eye on our website at barhillcricket.org.uk or on our Facebook page for the latest information, including news – hopefully – of a fundraising quiz night soon.

Paul Stimpson
201212 | info@barhillcricket.org

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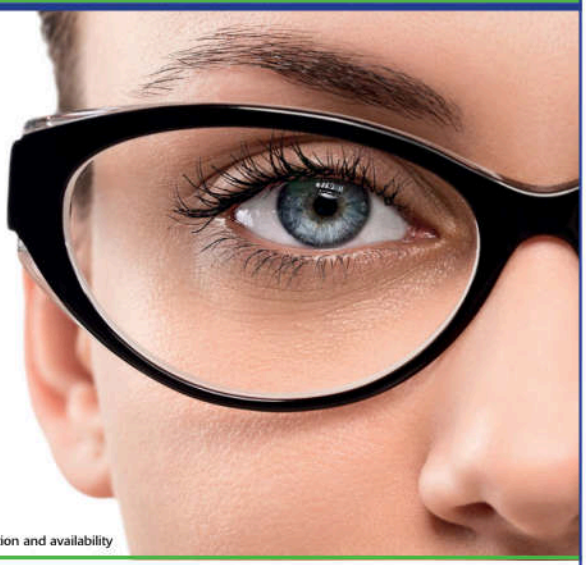

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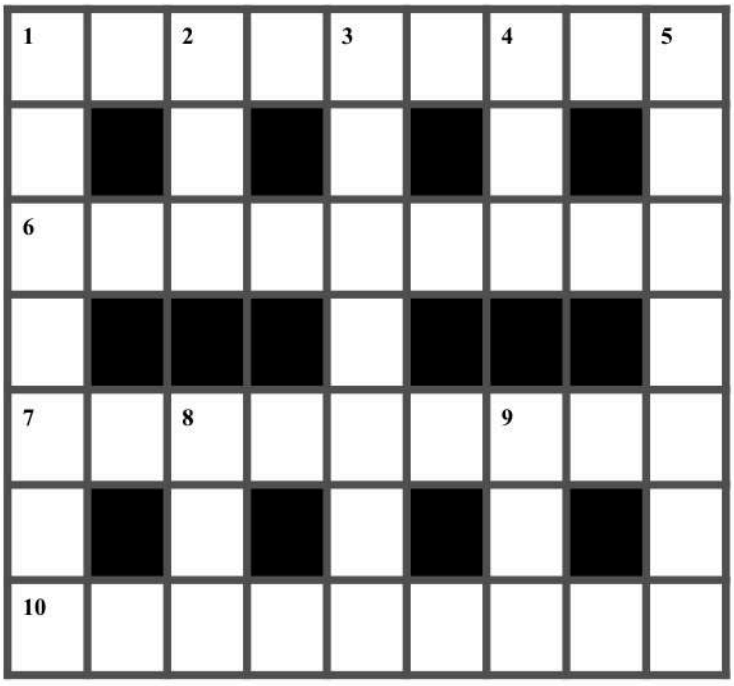


PUZZLE - April 2023

Across: 1.they warm rooms. 6.praiseworthy. 7.rubber etc on wires. 10.local mansion now extramural board.

Down:1.not doubtful. 2.contains water. 3.fabric type. 4.round object. 5.very steeply. 8.unhappy. 9.--- Aviv.

Memorial Garden - April 2023

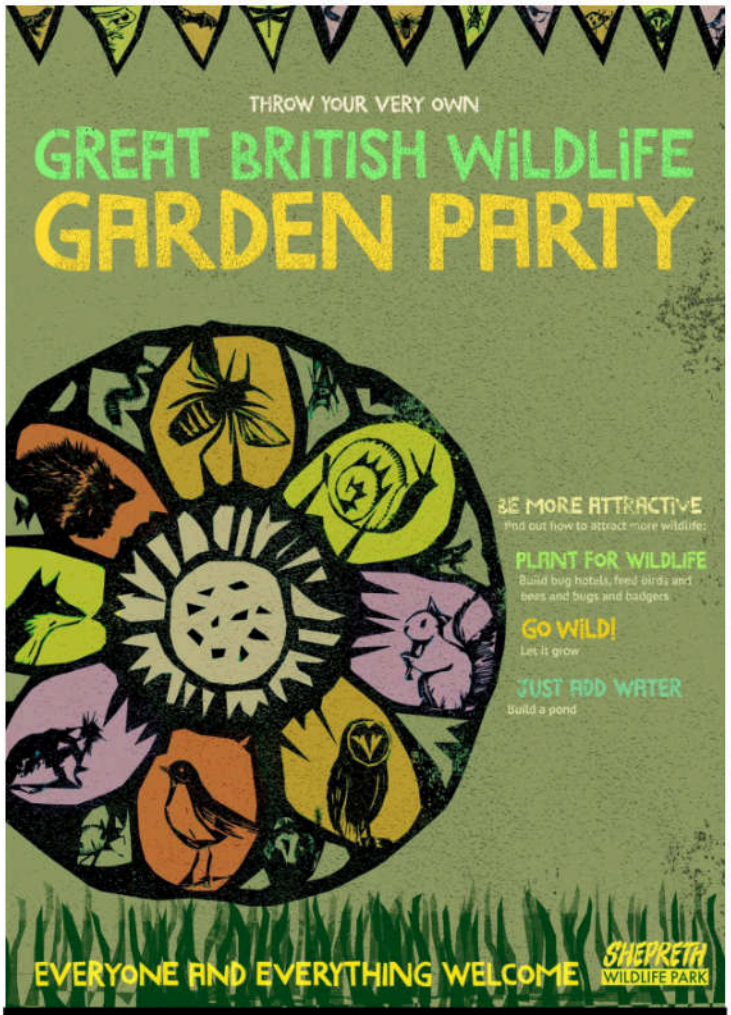
If you have ventured into the Memorial Garden recently you cannot help noticing the major improvement. The Team now supported by new colleagues undertook a major clear up. There is still more to do.

Unfortunately, many of you may have noticed the deterioration in the sleepers on the exterior of the two flower beds. We plan to replace these in due course. However, this is going to be very expensive. It is hoped to replace with oak sleepers which will last longer. We have looked at Recycled Plastic but as yet they seem more expensive. A provisional estimate is £2500 for materials alone if we remain with wood. Other alternatives such as bricking or using a plastic type material are also being looked at. As soon as we know a more accurate cost, we will issue an appeal.

Should you wish to place a Memorial Plaque then contact Chris Stannard on **01954 781978** or **07711 623425**. Email **c.e.stannard1 @gmail.com**

Hedgehog Fact

Hedgehog spikes are not barbed or poisonous. The inside of the coils are mostly hollow, each containing air chambers, making them light but strong.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Bar Hill Colts

An exciting time for Bar Hill Football Club

Bar Hill Titans Under 11 have reached the semi final of the knockout cup after a massive 2-1 win against a higher league team. After a very competitive game, with some great football played by both sides, goals from Kamarsi and Ollie secured the win, with a special mention to our goalkeeper Frankie who made numerous saves throughout the game including a last minute one on one chance!

We now play higher opposition again in the Semi Final with the team determined to get to the final. Well done Titans!

Bar Hill Blues Under 15's. Head coach Laimnas Banys supported by Mark Baker and Ian Roper. They are top of the A league unbeaten and through to the semi finals of the League cup, half the team live in Bar Hill & our team also have 3 players playing up a year. A great team spirit all the boys get on together.

A massive good luck to all our teams in their cup games & we hope to see the community down on the football fields supporting.

FOR SALE: Small tv with DVD slot in good order. Free to a good home. tel **01954-782441**.

BAR HILL COMMUNITY ASSOCIATION

Bar Hill Community Association is a registered charity (number 1195382), actively working for our community. We fundraise in the village by publishing and delivering the Bar Hill News on behalf of the Residents Association (which is no longer active).

We are keen to ensure our work is inclusive and representative of everyone in the village and would love to have an even greater representation to cover all ages, cultures, and nationalities. If you think you could spare just a few hours a month then please get in touch, or come along to one of our regular meetings (second Tuesday of every month at 8pm in the Sports & Social Club).

Since the charity was setup a little over a year ago we have been joined by the Christmas event as well as the hugely successful Féte and Festival. In addition we have provided donations for the Fireworks, the school library, and the Royal British Legion. We are just beginning to start work on upgrading the playground (with the Parish Council) while at the same time continuing to support the Féte & Festival and Christmas Committees with this year's events. And, of course, producing and delivering the Bar Hill News to you eleven months a year!

One thing we don't want to do though is stop now!

It will only take a few hours of your time each month. While we do meet monthly it's not necessary to attend the meetings if you don't want to, we do a lot of the day-to-day work via WhatsApp. We all work different times, and can be very flexible. You can become a Trustee of the Charity, a member, or even volunteer for a specific thing you'd like to help with - for example the Christmas Event or the Bar Hill News. We welcome anyone who wishes to be active in our community!

https://bit.ly/barhill-ca

Some example roles (not an exhaustive list!) are:

- Someone who would like to get involved in raising funds and gaining sponsorship from the many businesses and organisations we have both here in this village and in surrounding villages,
- We would like to make better use of the opportunities to apply for grants, and
- Someone to manage our social media and help us develop a website

No experience is necessary, just a keenness to learn and a desire to help out in the village!

No free time? We welcome donations big and small. Please follow the (Paypal) link for more information. Maybe you want to do an event? Sky diving? Run a marathon? We are very happy to work with you so you can collect sponsorship on our behalf.

If you think you can spare some time, please get in touch with us or come along to our next meeting; 7:30pm in the Bar Hill Sports and Social Club (above the village hall) on Tuesday 11th April 2023 (we meet the second Tuesday of every month).

Thank you for reading! Contact BHCA: **volunteering@barhill-ca.org** or SMS/ WhatsApp/ iMessage to **07814 871752**.